1. **Call Meeting to Order/Pledge/Roll Call**
   Jaime Cabral called meeting to order at 3:08 PM

   N-Angoon, Jim Parkin  
   Y-Mt. Edgecumbe, Andrew Friske  
   N-Pelican, Connie Newman  
   Y-Petersburg, Jaime Cabral  
   Y-Sitka, Sue Ross  
   Y-SE Island, Shane Scamahorn  
   Y-Thorne Bay, Shane Scamahorn  
   Y-Thunder Mountain, Jake Jacoby  
   Y-Wrangell, Bill Bradley  
   N-Yakutat, Carol Pate  
   Y-ASAA, Sandi Wagner, Billy Strickland  

   Others Present: Yodean Armour (Secretary/Treasurer)

2. **Approve Agenda**
   Motion to approve agenda made by Tiana Taylor, seconded by Jake Jacoby.  
   Motion Carried

3. **Approve Minutes FY17 Fall Minutes (Sitka)**
   Motion to approve FY17 Fall Minutes as presented made by Tiana Taylor, seconded by Troy Thain  
   Motion Carried

   ASAA Early Winter December 5-6, 2016 Meeting Review
   - **Article 6, Section 4 Bylaw**: revision: “A certified staff member, or other person approved in advance by the principal or superintendent of a member school or district, must be in charge of participants. For athletic events this person must be certified through the Alaska Coaches Education Program. Host schools must have an administrator or designee in attendance”.  
     Suggestion: If more than 2 kids participating, need to have an administrator present.
   - **Article 7, Section 7B Bylaw**: “When a student is participating in an ASAA sport that overlaps the beginning of another ASAA sport, up to five practices may be waived. In addition, when a student is participating in a nationally recognized activity (or the Arctic Winter Game) that overlaps the beginning of an ASAA sport season, the Executive Director may waive up to five practices. For purposes of this section a “nationally recognized activity” is a non-school athletic competition and/or practice in a sanctioned ASAA sport, conducted under the auspices of a national sports governing body as part of an Olympic Development Program. The activity will usually be conducted outside the state of Alaska”
   - **Wrestling Injury Defaults**: Verbiage added to Section 7 Default: Rule 5-6: “Any wrestler that defaults due to injury or illness during the tournament must receive a medical release (performed, when available, by a medical provider able to perform pre-participation physicals) to continue in the tournament. If the wrestler does not receive a medical release, then the remaining matches in the tournament will be recorded as forfeits. The wrestler will retain any team points earned up until that point. A wrestler required to receive a medical release to continue must weigh in on day two to continue in the tournament”
   - **North Pole Opt-Up Request**: Region 6 request to move North Pole to opt up to large school football beginning in fall of 2017 (Didn’t pass)
   - **State Soccer Seeding**: Change the State Soccer Seeding process to read (for one year): “Immediately following the conference results on the Saturday prior to the State Tournament, ASAA will post the 8 teams that have qualified (including their season results). All qualifying
teams can rank the other qualifying teams (including their own team). This ranking must be sent to ASAA by Sunday 12 noon. Those rankings will determine the first round pairings.”

- **Softball Jamboree Regulations**: Revise policy by deleting the pitchers being limited to only pitching two innings.

- **2017-2018 ASAA Calendar**
  - Volleyball Proposal from Klawock: start a week earlier and end a week earlier (overlap Cross Country by a week). General Consensus is to support.

- **3/4A State Volleyball State Tournament Site**: 3/4A State Tournament to West Anchorage High School if Alaska Airlines Center has a scheduling conflict.

- **State Tournament Sites for Nordic Ski, Baseball, and Softball**: Accepted a 6 year bid from the Anchorage and Fairbanks Ski Associations to rotate the Nordic Ski State Championships every two years between Anchorage and Fairbanks. Accepted a 3 year bid from American Legion to host the State Baseball tournament at Mulcahy Field. Accepted a 3 year bid from the Fairbanks North Star Borough School District to host the State Softball Championships in Fairbanks at Davis Fields.

- **Small and Large Schools vs. 123A and 4A Titles**: 2 Classifications = Small & Large, 4 Classifications = 1A, 2A, 3A, 4A; 3 Classifications = Small, Medium, Large
  - General Consensus: Use “division” instead of “small/large school”

**Upcoming ASAA Late Winter February Meeting**

- **Tabled Items**: 1) Dates for the State Championships in 2A/Mixed 6 Volleyball & Greatland Hockey, 2) Small and Large Schools vs 123 and 4A Titles

- **State Softball Tournament Format**: Softball Coach’s Committee request to expand the tournament from 2 to 3 days. Tournament would use “pool” play to seed a bracket. General Consensus: Yes, in support of extra day

- **3A Volleyball Conferences**: Region V proposed having a committee award an “at-large” berth by comparing the second Southeast conference team with the third place team from the Western, Southcentral and Aurora conferences. The berth would come out of the Southcentral conference. The committee would use criteria such as head-to-head matches, records against other 3A schools. General Consensus: yes, in support

- **Cooperative School Programs**: Changes will allow the Board of Directors the ability to grant cooperative school program request for school unable to do so within the existing bylaws.
  - Move from 451 to 500
  - Allow an exception to be made for different school districts.
  - General Consensus: yes, in support

- **Eligibility for Managers**: Changes would clarify the need for student managers to meet ASAA eligibility requirements (grades, age, enrollment etc), but could also seek a waiver in order to serve as a manager. It would furthermore allow the use of 7th and 8th grade students as managers with the approval of the school’s administration. General consensus: Yes, in support

- **Baseball Pitch Count**:
  - March 1 to April 22
    - Number of pitches/Days of Required Rest
      - 1-25/0
      - 26-45/1
      - 46-65/2
REGION V MEETING MINUTES
January 29 – 30, 2017
Thunder Mountain High School

- 66-85/3
- 86-100/4
  - April 23rd to remainder of season
    - Number of Pitches/Days of Required Rest
      - 1-30/0
      - 31-55/1
      - 56-80/2
      - 81-105/3
      - 106-120/4
  - General Consensus: Yes, in support

- Pre-participation Physical Expiration Date: Change would make physicals good for 18 months. General Consensus: Yes, in support
- Roster Limits: Discussed expanding the roster limit for football from 48 to 55 or 60 (looks like 65). General Consensus: No, do not support

BREAK @ 4: 15 PM
BACK @ 4:32 PM

- State Baseball Bracket: Proposal to go to a double elimination bracket for the State Baseball Tournament which would require a 4-day tournament. General Consensus: No, do not support.
- 3A Basketball Berths: Region V proposal General Consensus: Yes, in support.
- Sports Medicine Advisory Committee Recommendations: General Consensus: yes, in support of all recommendations.
- Football Scheduling: Discussion: how existing policy is still unsatisfactory to both ASAA and member schools. Issues with teams wanting to go “out of state” leading to issues with the schedule being truly a two-year schedule.
- Definition of Practice: discussion of adding official definition of “practice”: “A “practice” is defined as a regularly scheduled team physical activity designed for the preparation of athletes for the sports season and conducted under the supervision of a certified school coach during the season established by the Board of Directors. In order to qualify as a practice, the student must participate in at least an hour of physical activity”
- Concussion Management: Notice to go out to member schools the changes updating Article 11 Section 4 Concussion Management Bylaw. This update would also be reflected in Athletic Related Policy #15. The changes do not change the policy, they only eliminate some no longer required verbiage.
- State Tennis Berths: Discussion regarding expansion of teams participating in the Region 3 may require a change, possibly taking a berth from Region 4. The Board will be reviewing all individual berths during the February board meeting.
- ASAA Forms
  - Review of website & eligibility process

BREAK @ 6:13 PM
BACK @ 6:48 PM

ASAA Activities Committees: Region V has not been well represented. AD’s will make sure to have their coaches call in.
Emergency Activity Plan for practice & events: Need to have one in your school, please reach out to Sandi Wagner if you need help with a basic plan. If you need an “Everyone Can Save a Life” booklet, please reach out to Sandi as well.

ASAA Region V Website: review your school information and make sure Sandi Wagner has your logo. Jaime Cabral will provide General Information and Forms.

Activity Commissioners will review the handbooks & activity page and records link.
Basketball: Andrew Friske
Cheerleading: Tiana Taylor
Cross Country: Jake Jacoby
Baseball: Chad Bentz
Art Festival: Jaime Cabral
Dance: Tiana Taylor
Music: Tiana Taylor
Volleyball: Jaime Cabral
Wrestling: Troy Thain
Swim Dive: Sue Ross
Debate: Lynn Wadley

All information needs to be reviewed, and suggested changes will be presented at Spring Meeting.

5. **Treasure’s Report – (Yodean Armour)**
   Look into creating an AK Airlines account for the AK Airlines donated tickets, and use the “value” much like ASAA.
   Treasurer report included in Audit/Budget committee report

6. **Constitution & Bylaws – (Jaime Cabral)**
   No changes

7. **Committee Reports**
   A) **Academic Decathlon – (Troy Thain)**
      Ideas to save money – addressed under Scheduling.
   B) **Art Festival – (Tiana Taylor)**
      Angoon, Hydaburg, Metlakatla, MEHS, Hoonah, Thorne Bay please let Petersburg know if your school is participating. Event will start Thursday 11 AM, finish Sunday night around 7:30 PM.
   C) **Baseball/Softball – (Chad Bentz)**
      No report (schedules)
      Yodean Armour will create Softball budget
   D) **Basketball 1A – (Kelli Larson)**
      Lynn Wadley – games will start on March 1st.
      Teams need to remember to enter games into 365.
   E) **Basketball 2A – (Tiana Taylor)**
      Scheduling difficulties and rescheduling is incredibly difficult. ASAA considering revising rule to allow 2 games per day in an effort to help travel conflicts/difficulties. If both schools are good with it, Sunday waivers are usually a “go”.
   F) **Basketball 3A – (Andrew Friske)**
      No report
   G) **Basketball 4A – (Lynn Wadley)**
H) **Cheerleading – (Tiana Taylor)**
No report

I) **Cross Country – (Jake Jacoby)**
Troy Thain: Region V confusion about who took 3rd place, would like to have results out prior to awards ceremony. General Consensus: yes (will be included in the tournament handbook)

J) **Dance Team – (Tiana Taylor)**
No report (will discuss under Tournaments)

K) **Drama, Debate, Forensics – (Lynn Wadley)**
Joy of Tournaments will be going away eventually – will need to revisit how to run tournaments. State is using SpeechWire.
Students need to be entered in master eligibility at start of school year (not 2 days prior to State).
Sitka HS: Request to move every meet back one week (scheduling).

L) **Executive Committee – (Jaime Cabral)**
No report

M) **Football – (Chad Bentz)**
No report

N) **Housing & Transportation – (Tiana Taylor)**
Jaime Cabral: housing – if teams are group housing please remind teams that they can go to their room after school is out.
Sandi Wagner: Issue with a transgender student – school district should be in process or already have a policy in place. Schools need to communicate when sending a transgender student to a host school.
AK Airlines block tickets: Issues with lost confirmation codes, and ticket prices are not cheaper than if school did reservations on their own.

**BREAK @ 8:55 PM**
**BACK @ 9:05 AM, 1/30/17**

Pledge

Roll Call:

N-Angoon, Jim Parki\nY-Mt. Edgecumbe, Andrew Friske

Y-Craig, Troy Thain,\nN-Pelic, Connie Newman

Y-Gustavus, Rachel Parks\nY-Petersburg, Jaime Cabral

Y-Haines, Tiana Taylor\nY-Stika, Sue Ross

Y-Hoonah, Ladonna Dybdahl\nY-SE Island, Shane Scamahorn

Y-Hydaburg, Mark Pick\nY-Thorne Bay, Shane Scamahorn

Y-JDHS, Chad Bentz\nY-Thunder Mountain, Jake Jacoby

Y-Kake, Art Johnson\nY-Wrangell, Bill Bradley

Y-Ketchikan, Lynn Wadley\nN-Yakutat, Carol Pate

Y-Klawock, Teresa Fairbanks\nY-ASAA, Sandi Wagner, Billy Strickland

N-Metlakatla, Jeannie Lindsey

Others present: Yodean Armour (Secretary/Treasurer)

O) **Audit/Budget/Treasurer Report**
Reviewed Treasurer Report
Please review your budgets and email requests to Yodean Armour.

**P) Music – (Jake Jacoby)**
SE Honors for FY18: Craig’s rotation. Discussion about bringing string clinician: no proposal-keep status quo

**Q) Policy & Procedures – (Jaime Cabral)**

**Baseball:**

Section 3: Regular Season State Berth;
   a. The regular season champion will automatically earn one of the 2 state berths from Region V.
   b. In case of a tie the following criteria will determine standings in priority order;
      1. Head-Head Conference record.
      2. Least number of runs allowed Head to Head.
      3. Least number of runs allowed of all conference games.
      4. Blind draw conducted by Region V President or if their school is involved, by the Region V Secretary. First team chosen will receive the highest place.

Section 4: Regional Tournament Seeding;
   a. Teams in the regular season schedule will be seeded according to their conference record. In case of a tie the following criteria will determine standings in priority order;
      1. Conference record against each other.
      2. Least number of runs allowed against each other in conference games.
      3. Blind draw conducted by Region V President or if their school is involved, by the Region V Secretary. First team chosen will receive the highest place.
   b. The champion of the region V baseball tournament will be the #1 SE Team represented at the ASAA State Tournament.
   c. The regular season champion that earns a state berth will represent Region V at the state tournament in the capacity of the following scenarios 1) will be the #1 SE team if they are the Region V Baseball Tournament champion, 2) will be the #2 SE team if they finish as the region V runner-up or any other placement at the Region V Baseball Tournament.

Section 5: Seeding teams not in the regular season schedule;
   a. Any team not in the regular schedule will be seeded as the lowest seed. In case of multiple team’s, seeds will be determined according to their head-to-head record. If no head-to-head record seeding will be done by random draw.

Section 6: For regional tournament see tournament handbook.

**Softball:**

Section 3: Regular Season State Berth;
   c. The regular season champion will automatically earn one of the 2 state berths from Region V.
   d. In case of a tie the following criteria will determine standings in priority order;
      1. Head-Head Conference record.
2. Least number of runs allowed Head to Head.
3. Least number of runs allowed of all conference games.
4. Blind draw conducted by Region V President or if their school is involved, by the Region V Secretary. First team chosen will receive the highest place.

Section 4: Regional Tournament Seeding;

d. Teams in the regular season schedule will be seeded according to their conference record. In case of a tie the following criteria will determine standings in priority order;
   4. Conference record against each other.
   5. Least number of runs allowed against each other in conference games.
   6. Blind draw conducted by Region V President or if their school is involved, by the Region V Secretary. First team chosen will receive the highest place.

e. The champion of the Region V Softball tournament will be the #1 Southeast Team represented at the ASAA State Tournament.

f. The regular season champion that earns a state berth will represent Region V at the state tournament in the capacity of the following scenarios 1) will be the #1 Southeast team if they are the Region V Softball Tournament champion, 2) will be the #2 Southeast team if they finish as the region V runner-up or any other placement at the Region V Softball Tournament.

Motion to approve Softball/Baseball as presented made by Jake Jacoby, seconded by Sue Ross.  

Motion Carried

R) Referees/Officials – (Yodean Armour)
Reminders: make sure officials are on list month prior to event
State Official Nominations: Can be found online under General Forms (ASAA)
1/2A BB: due Feb 16th
3/4A BB: due Feb 13th
NFHS Learn: great tool for keeping updated and use as the “clinic” requirement
Discussion: Clinics – host every year, or have “live” clinic and “google hangout” the other year, bring an official in to a tournament and help local refs (Just pay for officials to come in).
Feedback for Officials – send out game video for critiques,
Officials Committee (include AD, coaches, officials) created. Members: Andrew Friske, Troy Thain, Cindy O’Daniels will do a google hangout meeting. Committee will bring back recommendations for discussion at Spring meeting.

S) Soccer – (Jake Jacoby)
No report

T) Sportsmanship – (Shane Scamahorn)
Jaime Cabral/Troy Thain working on getting bags (instead of patches)
National Awards: please keep in mind for nominations (Sitka boys BB team nominated this year)

U) Student Government – (Tiana Taylor)
Handout: Schedule

V) Swim/Dive – (Jake Jacoby)
Discussion about going back to “invitational”, hoping to get coaches involved for input.
Kudos from State about meet hosted by Juneau – great job!
W) **Tournaments – (Andrew Friske)**

3/4A VB: When only 2 3A schools, administration is going to have a hard time paying for travel when can be done in town.

Cheer adjudication: General Consensus: continue to bring Sandi Wagner down for assistance

FY16 Leftover Vouchers (6):
- 2 Haines – FY17 Honor Festival
- 2 JDHS –FY17 Cheer / Dance adjudicators
- 2 Sitka – FY17 Music Clinicians (Florida)

**FY17 Vouchers**
- 2 raffle 1A BB
- 2 raffle 234A BB
- 1 Sitka – FY17 3rd clinician (sitka)
- 5 – HOLD FOR SPRING (possible for 1 DDF Clinician)

Cheer teams using Music that has not been copyrighted can be issue, the music needs to come from legal source and be purchased (NFHS legal issue). Warm up music OK at this point, but when teams take music out of original form to make mixes is the concern (buying a song from itunes doesn’t solve this, but there are companies that will mix and it be legal).

Starting FY18 cheer/dance teams will need to demonstrate to ASAA that the team has copyrights to the music. This information will be given to coaches at coaches meeting.

Cross Over Games: if Region is going to play them, need to do it right (kids were kind of not playing and the crowd was upset and asking for their gate fee back). Need to discuss and if change bring back to next meeting (discussion: All Conference or All Senior game) FY17 is going to be the same (keep crossover games).

State 1A BB: Day 1 &2 will just be a 1 session day
- 2A BB: Day 1 is a 1 session day
- Thursday/Friday – 2 session day
- Elder pass doesn’t have to leave arena.

Bags being searched: insurance requirements, and how they are searched. Oleksa will provide cultural training for the staff doing the bag search to address this issue.

Cricket Curtain: Tournament 234A discussion: Passes will be picked up

X) **Track & Field – (Jake Jacoby)**

Ketchikan: chip equipment and coach willing to travel to each event to practice (plan on using at Regional tournament), need to have more than pad for backup. Host schools would need to buy the bibs. Discussion: possibility of Region V helping purchase equipment – Jake Jacoby will research and bring back to Spring.

State Tournament spots – need to communicate if wrestler isn’t going to State.

Track and Field – hard document, not available electronically – Sandi Wagner will email to Jaime Cabral.

Y) **Trophies & Awards – (Cindy O’Daniel)**
REGION V MEETING MINUTES
January 29 – 30, 2017
Thunder Mountain High School

Motion to include medals for unified athletes: relay, long jump, 100 meter dash, shotput, places 1-4 made by Tiana Taylor, seconded by Jake Jacoby

Wrestling Brackets: Suggestion: purchase bulk brackets and write-in (Troy Thain will bring back a cost for an 8 and 16 person bracket).
Baseball: 15 dozen should work for tournament budget

Motion Carried

BREAK @ 12:18 PM
BACK @ 12:28 PM

Z) Volleyball – (Kelli Larson)
Kelli Larson: structure reformat proposal:
“North plays North 2 times at North Meet (can add JV/non-conference tourney games)
South plays South 2 times at South meet (can add JV/conference tourney games)
2 Cross Over Meets: 1 north and 1 south: north plays only south teams with potential for extra (non-conference) playoff games.”
General Consensus: keep current schedule for one more year and adhere to 3 out of 5. Policy will need to be updated: Kelli Larson will bring back to Spring meeting.

State is using Molten, and there is a deal if you call them directly ($35 each, and free ball after purchase of 12). Takes time for being broken in, but after time they are good. Sandi Wagner is happy to help officiate and help new coaches/programs.

BREAK @ 1:04 for lunch (working lunch)

AA) Wrestling – (Troy Thain)
Thank you to AD’s & Coaches for assisting with State mat set ups!
TracWrestling: great for getting match results. May need to have a small committee to help with the few questionable seeds (instead of leaving up to TracWrestling and percentage of wins). Another discussion: if teammates wrestling each other, auto award of team points (so no wrestler is directed to take a dive in order to gain team points). Discussion at State level: allow them to weigh in with singlet? And then do they include an extra weight to accommodate extra weight of singlet?

BB) Website (Sandi Wagner)
Please make sure you send in updated school logo & contact information to Sandi Wagner.

CC) Scheduling (Troy Thain)
2017 Track & Field:
April 21-22: Ketchikan
April 28-29: Sitka
May 5-6: Juneau
May 12-13: North / South (Haines / Ketchikan)
May 19-20: Regions @ Juneau
May 26-27: State @ Palmer

Motion to approve 2017 Track & Field schedule as presented made by Tiana Taylor, seconded by Troy Thain.

Motion Carried
Soccer, Baseball, Softball: AD’s meeting to finalize schedules in person, and Jaime Cabral will email schedules for email approval.

For Discussion: bring back for Spring meeting:

- **ACDC**
  - Proposal: Introduce a “virtual” meet for January (and rotate December sites)
- **2A Basketball**
  - 1) Travel with boys & girls, 2) Eliminate Home and Away games
- **Wrestling**
  - Oct 13/14: Wrangell, Friday Mix & Match Saturday tournament
  - Oct 20/21: Juneau, tournament
  - Oct 27/28: Ketchikan, tournament
  - Nov 3/4: ACS
  - Nov 10/11: Klawock/Craig, Friday Mix & Match, Saturday Tournament
  - Nov 17/18: Bid or Lancer
  - Dec 1/2: Sitka Boys & Edgecumbe Girls
  - Dec 8/9: Regionals @ Juneau
  - Dec 15/16: State @ Anchorage
- **2A Volleyball Rotation**
  - Kake may have a team, should have a better idea by March 30th.

**DD) Strategic Planning – (Jaime Cabral)**

Officials: Committee will meet and bring back suggestions to Spring meeting.

**EE) Spring Meeting @ Kake**

- April 19th: 11 AM – 8 PM
- April 20th: 9 AM – 4 PM
- April 21st: Fun day

**FF) Adjournment**

Motion to adjourn @ 2:37 PM made by Andrew Friske, seconded by Bill Bradley.

Motion Carried