

## 2020 Region 5 Cross Country Schedule

	<u><i>DIV I &amp; DIV II</i></u>	<u><i>DIV III</i></u>	Alternate if a host cancels
<b>FIRST DAY</b>	<u>*July 29</u>	<u>*July 29</u>	<u>*July 29</u>
<b>*August 22</b>	<b>Your Own Course</b>	Your Own Course	Your Own Course
<b>*September 5</b>	<b>BYE</b>	POW	Duals
<b>*September 12</b>	<b>Ketchikan</b>	Wrangell	Duals
<b>*September 19</b>	<b>Juneau</b>	Metlakatla	Duals
<b>*September 26</b>	<b>SITKA/MEHS</b>	Haines	Duals
<b>*October 3</b>	<b>DIV I - KETCHIKAN DIV II - SITKA</b>	DIV III - Petersburg	

QUALIFIERS: Determined by ASAA

Intent to Participate by schools notified to Region and ASAA. Will determine state qualifiers on September 13, 2020 after the announcement from ASAA on the format that will be used for the ASAA State Championship Event.

Host schools may limit the amount of runners that attend based on their capacity and safety precautions.

except if you plan to participate at State and Regions. Communities have the right to cancel their event due to COVID-19 concerns. Teams affected by a cancelled meet have the opportunity to participate in a dual meet or time trial with local school district approval.