

SWIM/DIVE

Refer to Region V Policy guidelines for necessary information not included below.

INFORMATIONAL LETTERS

- Sent to principal, Activities Director and Coaches of each Region V school.
- Letter #1: Should be sent out three weeks prior to the meet Date. In addition to all relevant information covered in the General Guidelines, Letter #1 shall also include entry information and other information deemed pertinent by the tournament director (i.e. location of locker rooms, transportation to and from pool, etc.)
- Letter #2: Should include all relevant information from General Guidelines, as well as pool times available for practice for early arrivals.

PARTICIPANTS

- All member schools of Region V may compete.
- Team Entries – four persons per individual event, one relay team per relay event.
- Individual Entries – Two individual entries and two relay entries, or 1 individual entry and 3 relay entries
- Diving is counted as an individual entry

COACHES MEETING

- Any changes to entries shall be declared.

ENTRIES & SEEDING

- Entries should be emailed to the meet director using AYTEK Team manager the Monday before the meet. If not available, fax entries to meet director the Monday before the meet. For fax use the form in the tournament handbook.
- There are no qualifying times prohibiting entries.
- For purposes of seeding, the name appearing on the entry card is official.
- Accurate seed times must accompany all entries.
- The meet director is responsible for seeding.

SCORING

- Scoring shall follow the National Federation Rules both for individuals and relays:
- If there is 12 or less competitors, the scoring shall be 7-5-4-3-2-1.
- For all relays, double the individual points possible for that place.

- 100 butterfly
- Relay Awards – medals 4 (1st place) 4 (2nd place) 4 (3rd place)
 - Girls 200 medley Boys 200 medley
 - Girls 200 free Boys 200 free
 - Girls 400 free Boys 400 free
- Team Awards – Trophies
 - 1st Girls 1st Boys
 - Runner-up Girls Runner-up Boys
- Sportsmanship Trophy – school community (participants, coaches, parents, fans) to exhibit outstanding sportsmanship selected by the tournament officials.

OTHER CONSIDERATIONS

- The finalists in each event shall consist of the fastest six competitors.
- A list of all possible relay swimmers must be declared to the clerk of the course. Eight maximum may be declared.