

	Region V Meet Schedule				
	Dimond Park Aquatic Center				
	Friday, October 28, 2022				
	2:00-3:00pm Dive Warmups				
	3:15-4:00pm Swim Warmup 1				
	4:00-4:45pm Swim Warmup 2				
	4:45pm Coaches/Captains Meeting				
	5:15pm Competition				
	Saturday, October 29, 2022				
	12:00-1:00pm Dive Warmups				
	1:15-2:00pm Swim Warmups 1				
	2:00-2:45pm Swim Warmups 2				
	3:00pm Competition				