



## Region 5 of ASAA Fall 2023 Meeting Minutes

### I. Call to order Friske, 9/30/2023 @ 4:26pm, recess @ 8:01pm, Bentz, 10/1/23 @ 9:03am, adjourned @ 10/1/23

Housekeeping - Introductions, Pledge of Allegiance

### II. Roll call

9/30/23 @ 4:26pm

Angoon P	Y	Kake	Y	Hoonah/P	Y	Gustavus	Y	Hydaburg	Y	Klawock	Y	SISD	E
Craig	Y	Metlakatla/P	Y	Petersburg/P	Y	Haines/P	Y	Wrangell/P	Y	Skagway	Y	Yakutat	Y
Sitka/P	Y	MEHS	Y	Juneau/P	Y	Thunder M	Y	Ketchikan	Y			ASAA, Sand, Billy	Y

10/1/23 @ 9:03am

Angoon	Y	Kake	Y	Hoonah	Y	Gustavus	Y	Hydaburg	Y	Klawock	Y	SISD	E
Craig	E	Metlakatla	Y	Petersburg	Y	Haines	Y	Wrangell	Y	Skagway	Y	Yakutat	Y
Sitka	Y	MEHS	Z	Juneau	Y	Thunder M	Y	Ketchikan	Y			ASAA, Sand, Billy	Y

### III. Approval of minutes from last meeting Motion to approve by Tiana , seconded by Jaime, motion carries.

See [Attachment](#) of Previous unadopted meeting minutes.

### IV. Treasurer's Report & Audit Budget Committee (Teresa Fairbanks)

- a) Audit Budget Committee Members - Andrew, Chad, Krupa, Jaime, Teresa
- b) Report - [Statement of Activity](#), [Statement of Financial Position](#), [Profit and Loss 8/2022 - 9/2023](#),

Discussed Financial Statements, outstanding invoices. Email Teresa for your school preference on sending your invoice.

### c) Budget's Review & Updates

Committee will get together to update the budget. Commented: if you are hosting a regional event, to recognize Alaska Airlines. Possibility of talking with SEALASKA for sponsorship.

## **V. ASAA Representative Report (Jaime Cabral/Sandi Wagner)**

ASAA Review (4:56pm), Big Teams overview.

Seek directions

7-a - Constitutional Amendments: this is essentially

7-b - State Berth Analysis Team Sports - discussed

Yes 7-d - Nordic ski, request to change the distance races to make it same for boys and girls - decreases boys and increases girls. This was passed to have the same distance, what needs to be approved is the distances.

Yes 7-e - Volleyball - support Kayhi, JD and TM to drop down classification. It was not supported, the 4As would not like to lose the three teams. Need support letters from Sitka and MEHS. The larger school athletes have more opportunities with coaches outside of ASAA certified coaches to play leagues. If we keep, likely 4a will have a ASAA certified coach to run it, and will be limited to 6 hours out of season.

Yes or No TAD - last year looked to change/update the policy. Speaking about vape, they are more addicted, opposed to the student/athlete that attends a weekend party. Concerns of a Freshman losing eligibility so early. In the sprint it was not

7-f - Mental Health Training for Coaches. "be nice." is a mental health awareness and suicide prevention program that gives coaches knowledge to have confidence to take action when it comes to mental health

Yes 7-G - Transgender bylaw change - amended to say in the event you have a boys and girls division, based on gender, one of those division has to be as the original birth certificate (ie. female division - female on birth certificate and unrestricted division - open to both females and males). However a female is ineligible to compete on both teams during the same school year.

Yes 7-i - Sanctioning of Powerlifting - may attract football/wrestling athletes. ASAA is looking at the calendar for the date range. This will likely still be in discussion - and could compete virtually.

vote with majority 7-L Di Soccer Classification

Yes to all 7-k Co-op (i, ii, iii, iv)

## 7-I Classification Appeals

7-I Opt-up request - Seward wants to opt up for some sports, and stay in classification for some sports.

support 8-b DDF Exhibition Event

### NEW

Fall meeting the draft calendar is presented for the following year. Anticipating an ask, getting ahead of the vote.

Need a Region V representative Waiver Committee- Chad Bentz

Billy is presenting to the board to do away with Sunday waiver rule.

Billy is presenting to the board: data on RPI Formula for other team sports. Showed girls soccer, compared fy23 it would have been Kayhi girls earning the berth.

Academic Awards Requirements for Music - proposal to drop the academic award to 5. This questions if it will be changed in other activities.

NFHS Awards: there are many awards out there that we (ASAA) do not see many nominations.

8-1 some schools to be assigned to a different Region for 2A basketball. This will be discussion, watch for email from Jaime for update.

Jaime confirmed the representatives for Region V in sports and activities.

## **VI. Constitution & Bylaws (Andrew Friske)**

- a) Update - Did good work on the appeals, hardship waiver. Note for new ADs to have weight certifications done before first meet, and have your coach carry waivers with them, as well as uploading the waiver certification into Big Teams.

## **VII. Policies & Procedures (Andrew Friske)**

- a) Update - Awards, made committee - Jaime, Krupa, Teresa and Kelly.

Softball - Krupa makes a motion to Chad seconds, to change to: Each team will play a total of 9 conference games

Teams will play 3 conference games in 1 weekend

3 weekends will be needed to complete all conference games

There will be a yearly rotation for when you will have a home or away series for each opponent

Teams can opt to play conference games over 2 weekends, but it would need to be agreed upon for 2 years to keep home series equal for both teams

Teams can opt to play an opponent a second series, counting the optional games as non conference games. These series do not have to be repeated for 2 years

Each team in the conference will be guaranteed 2 home series. In years that teams only have 1 conference weekend at home, another team from the conference will travel to them to ensure they have 2 home series.

- b) Awards - Take a look at awards policy during Region events - See Trophy and Awards.

### **VIII. Executive Committee (Andrew Friske)**

- a) Update- Appreciate everyone's forward thinking in getting the waiver into EC for cross country.

### **IX. Alaska Airlines (Kayce)**

If you have not, take a look at your school's Alaska Airlines contract. If there are any problems in your community with flights, reach out. Question from Krupa: how has the new check in service with kiosk working? Alaska admits they did not think that through when it comes to groups. AK Air highly suggests getting to the airport with enough time in case any problems arise. In Anchorage there is a designated line for Group. Question from Chad: Is the region good with banners - if your school has a banner, please keep it up. For the schools that take advantage of raffling off the AK Air tickets, it's been successful. [KC.Hostetler@alaskaair.com](mailto:KC.Hostetler@alaskaair.com)

### **X. Housing & Transportation (Jessie Dybdahl)**

- a) Update - AMHS (mainly for the north schools) will charter Allen Marine or Goldbelt, as long as you can prove the demand for your event. Discussion on Robotics getting Juneau to Skagway possibly in need of another option. Aspen Suites offering the Alaska Cares rate. Billy suggests schools that stay, to give shout outs for their stay on websites or social media. Go to the Aspen website type in "Alaska Kares" - for information on occurring points towards free nights. For 1A basketball regionals in Ketchikan - there is a possibility to stay on the Malispina, Kelly will reach out to confirm.

### **XI. Scheduling (Jaime Cabral)**

- a) Selected Winter and Spring 2023-2024 Schedules to Approve: 3A basketball, 4A basketball, 1A basketball, baseball, softball, soccer, track and field, mixed 6. Tiana moves to approve schedules, Krupa seconds, motion passes
- b) 2A Basketball schedule will be shared out via email to vote on as of now, they are still working on a schedule.

## XII. Tournaments (Andrew Friske)

Motion made by Kelly seconded Chad, to require 3A volleyball to join the 4A volleyball regional tournament FY25, rotation TBD, motion carries.

a) 234A Plan A & B - Look at options with inadequate ferry and/or housing in Sitka use a drop dead date, November 1st (changed to October 15th). Kelly discussed using the drop dead date moved to a sooner than planned 11/1 date because this has to be brought back to the communities.

If Sitka can not adequately host all of the participants and fans. -

Motion made by Josh, FY24 2/3/4A Regional Basketball Tournament Plan B is for 2A & 4A to keep their tournament together, seconded by Jaime - discussion Andrew

Angoon	Y	Kake	Y	Hoonah	Y	Gustavus	Y	Hydaburg	Y	Klawock	Y	SISD	
Craig	Y	Metlakatla	Y	Petersburg	Y	Haines	Y	Wrangell	Y	Skagway	Y	Yakutat	Y
Sitka	n	MEHS	N	Juneau	Y	Thunder M	Y	Ketchikan	Y				

b) 1A Basketball Tournament

looks like most will be able to fly in since AMHS is not working out.

c) Musicfest

Some school will be utilizing Allen Marine. Krupa

Suggestion for host school of regional event to include referees with the players and coaches.

## XIII. Spring Activities 2024

a) Art Festival (Jaime Cabral) - TBD

b) Baseball/Softball (Chad Bentz) - Krupa: softball wants to go to a 3 game schedule equalling 9 conference games, it would be a rotation - for growing 2 years of home weekends, for 3 weekends in your town. Softball schools involved are in favor of creating a new regular season rotation. This will have to be a policy, see approved policy in P&P.

c) Music (Luke Gunkle) - Motion made by Krupa, Jamie seconds, FY24 to raise the Music Fest participation fee from \$20 to \$25, \$20 will stay in the region account and the region will reimburse Sitka High School \$5 per participant to cover the cleaning fee that is accrued. Motion passes.

- d) Spring Student Government (Megan Bishop) - There is no student government in southeast this year.
- e) Soccer (Chad Bentz) - Discussion at ASAA meeting: RPI used for seeding, Jaimes direction will be to support.
- f) Track & Field (Megan Bishop) - Megan has had conversations with some board members, the timing systems, she suggests there be a 4A representative at every meet.

Jaime motions, Kelly seconds that at Regional Championship there is a facilitating coordinator/advisor, with a stipend of \$400, motion carries.

#### **XIV. Fall Activities 2023**

- a) Cross Country (Rich Krupa) - Housing regionals. Krupa states that his coach was not in favor of the mass housing. Chad was upfront about how the housing was done for this event. Question asked: why Division III has 3 teams berths to state? There are up to 7 boys teams, and up to 5 girls teams. Discussed possible changes.
- b) Football (Chad Bentz) - Nothing to report
- c) Swim & Dive (Rich Krupa) - Regions are held in Sitka.
- i) JDHS Proposal - Table for Winter meeting. **Put in for next meeting policy change.**
- d) Fall Student Government (Megan Bishop) - nothing to report
- e) 2/3/4A Volleyball (Rich Krupa) - 2A Seeding tournament and 3/4A regionals are the same week. 4A, FY24 Ketchikan does not have certified referees for regionals they are hosting. Their host referee will be their regular from Juneau. TMHS and JDHS will have to come to an agreement on the other referee.  
  
Motion made by Jaime, second by Chad, to add to the Volleyball handbook under officials that Region 5 Tournaments will follow "if game" protocols for officials rotation similar to ASAA. During the "if game", officials will NOT rotate during the if game to 30 points. Motion passed.
- f) 1A Mixed 6 (Jessie Martin) - Tanalin is coming back down to Kake. Schedule is done.
- g) Drama, Debate, Forensics (Rich Krupa)

Question: what is the region's stance on bringing play guns as a prop? Not supported.

Discussed changing schedule, after discussion, the schedule will stay the same.

- h) E-Sports (Andrew Friske) - Sandi confirming what the website has the schools participating: MEHS, Sitka, Gustavus, Thunder Mountain, Kayhi is a maybe.
- i) Wrestling (Kelly Smith) - Suggestion, for small schools meet to have the attending and host school throw in \$500 to go towards getting bigger schools outside of Region 5 to come to the smaller host schools.

Kayhi was frustrated for sending 40 wrestlers to Juneau, and Juneau sent Kayhi a small number.

#### **XV. Winter Activities 2023-2024**

- a) Academic Decathlon (Chad Bentz) - will come up with a schedule to be voted in.
- b) Basketball 1A (Teresa Fairbanks) - nothing to report
- c) Basketball 2A (Tiana) - 2A discussed and agreed on a 12 game schedule. Still have at large for 2A.
- d) Basketball 3A (Andrew Friske)
  - i) Lumen Christi request to move from 1A to 3A basketball starting the 2024-2025 season
- e) Basketball 4A (Kelly Smith) - nothing to report
- f) Cheerleading (Jaime Cabral) - Judges were not fans of the new scoresheets. It was hard to read the criteria. The location for the judges to sit will always be an issue. Maybe not next to the coaches. Make sure your cheerleading has the spirit logo. It is really important they have it because there are many rules that need to be followed. Possible Cheerleading coaches clinic in Ketchikan, possible November 17-18th.
  - i) Awards for Cheer to be done @ Dance Adjudication
- g) Dance (Jaime Cabral) - Not much from dance this year. May have an adjustment of the numbers, right now the limit is 24, FY23 a team chose to not go because they had 29. Reasoning for 24, was that there were too many dancers on teams, and the vision for this reduction/limit change was for the dance team to pick from their best to compete.

#### **XVI. Sportsmanship (Chad Bentz) -**

Bench Bad Behavior. Things stem from our coaches, their actions domino effects into the fans and into the student athletes. Administration needs to hold coaches reliable. Suggestion: talking with refs, to stop behavior in the beginning to set the tone for the future. \*See Strategic Planning

Suggestion from sportsmanship committee: to have the Region to purchase each school a banner, Tiana (Haines) will order and Region will reimburse. Motion made by Jaime and seconded by Kelly, Motion passes.

Suggestion: if possible to add Refs names to the merchandise sold at the tournaments.

## **XVII. Strategic Planning (Jaime Cabral)**

Bench Bad Behavior. GCI is going to send out soon for two free banners for each school, it will have GCI on the bottom since they are sponsoring it. NFHS has a website [benchbadbehavior.com](http://benchbadbehavior.com). Our basketball regional event, we used yellow / green cards for fan bad behavior. Discussed adding a statement in Big Teams. Also, getting a banner for each school to hang. Beginning of the games, an athlete from each team read sentences. Share with the Region what works for your school. There is an option to have QR codes hanging up, to report a fan in place of going to find an admin. SPORTSMANSHIP committee (Tiana, Jaime, Krupa, Chad, Dormer, Megan, Perkins) will meet to approve possible payment of banners and region-wide sportsmanship agreements.

## **XVIII. Trophies & Awards (Jaime Cabral)**

Do we need to make adjustments to Region Event Awards - the history is schools only wanted to give awards to with the exception of basketball tournaments, the awards attracted the most participants and washed out the smaller events that offered no awards.

Motion made by Jaime, for awards committee to submit a plan via email after this meeting concluded to be voted, seconded Krupa, discussion - will ensure its reasonable for each activity. Motion passes.

## **XIX. Website (Sandi Wagner)**

Please send Sandi PDF form of results, schedule of events, brackets, be specific on where event is being held (NOT just the host school).

On our Region Website check your school to ensure all information is correct [asaaregion5.org](http://asaaregion5.org) and let Sandi know of your changes.

Records, Sandi needs for the website to have current information for records, the chair head of each sport / active please update as needed.



Bench Bad Behavior will be on the homepage.

Sandi discusses the National AD Conference think about going. It is beneficial, offers networking opportunities for being successful.

Send high quality pictures to sandi@asaa.org

#### **XX. Hall of Fame Representative (Rich Krupa)**

Nothing to report

#### **XXI. Gold Lifetime Pass (Jaime Cabral)**

Jaime shared the document to put nominations.

#### **XXII. Open Floor**

Dress Code for traveling teams - have a shared understanding of the region, to follow the host school's policy, awareness of during the school day. Understanding that some to most of the coaches are non school district employees, to have conversation of the expectations.

Metlakatla - For 2A basketball: wants to consider a 16 game schedule, get back to pre-covid. There is a hardship in the communities that do not get the home games. Tradition is important and evident that most of the board members are from their communities. Hoping to get the support from the region to return to pre-covid schedule. The possibility of having no home games, leads to no teams.

Group housing in your school - utilize the housing form that is available, contact Jaime.

#### **XXIII. Next Meeting Schedule**

- a) Winter Meeting 2024 –February 4 -5th @ Sitka High School (Sunday fly in, Monday finish by flight 67) motion made by Jaime, second by Chad, motion carries.
- b) Spring Meeting 2024 - @ POW (one day in Craig one day in Klawock) motion made by Megan, second by Kelly, motion carries.

#### **XXIV. Adjournment**

Tiana moves to adjourn, Kelly seconds meeting adjourned 3:20pm.

To Do

- Review Budgets - what are projections, do we need to increase fees, get more donations for housing officials?
- 

#### To Do List from 2023 Region V meetings

##### Sep 30, 2023

- Strategic Planning Workshop - Administration support of officials (Bench Bad Behavior) & other ways to recruit and retain officials
- Region V Tournaments & Region Conference Competitions

##### Aug 28, 2023

- Clinics & Sportsmanship
- Universal Google Travel Form
- ASAA Training with Principal's and ADs @ Fall meeting

##### May 18, 2023

- Clinic Committee Leader (was Luke) Need someone to step into this spot to lead and help organize officials clinics with Keith Perkins.
- We need more certified Track & Field Officials
- ~~3A/4A Volleyball Clinic~~
- 2A Clinic Tiana and Jaime will work on this
- Wrestling Clinic & Track Wrestling Intro to all coaches - In the works at Craig

##### Apr 23, 2023 Spring Board Meeting in Yakutat

- Waiting to hear from ASAA about new TAD
- Region V producing a universal Hardship Waiver Form
- Officials Recap
- Sportsmanship Recognition - Tiana w/ proposal

##### Feb 6, 2023 Winter Board Meeting in Ketchikan

- Sportsmanship Committee (Chad, Keith Perkins, ASAA - Kathleen, Tiana, Rich, Megan Rick Dormer) - To Do work on officials appreciation, recruiting, support from Admin, referee review
- Tools to help communities with poor sportsmanship - Bench Bad Behavior, Referee Appreciation Night



Unadopted Minutes

